## Interest rates drive bond returns

Over long enough time frames, bond returns tend to mirror the direction of interest rates.

## U.S. bond returns follow interest rates

Average annual 10-year returns (\%) since 1930


Source: Morningstar and U.S. Treasury as of $12 / 31 / 23$. U.S. Bonds represented by the IA U.S. Intermediate-Term Government Bond Index before 1979 and by the Bloomberg U.S. Aggregate Bond Index after 1979 . Past performance does not guarantee or indicate future results. Index performance is for illustrative purposes only. You cannot invest directly in the index. * Reflects the average return from 2020-2023.

While returns may follow rates over the long-term, bond prices and interest rates are often negatively correlated in the short-term. As rates fall, bond prices increase, and vice versa. This dynamic may create short-term opportunities within your longer-term horizon.

## Bond category returns during periods of rising or falling interest rates

Average annual returns for each time period


- Core bond index Intermediate core bond Intermediate core-plus bond Non-traditional bond

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